



Family Resilience Service

EVENING TEEN POSITIVE PARENTING PROGRAMME **(Triple P)**

Tuesdays 7-9 p.m

Venue: The Buckingham School

London Road
Buckingham
MK18 1AT

Wk No.	DATE	TOPIC
1	14 th Oct 2014	Positive Parenting with Teenagers
2	21 st October	Encouraging Appropriate Behaviour
	HALF TERM	
3	4 th November	Managing Problem Behaviour I
4	11 th November	Managing Problem Behaviour II
5	18 th November	Dealing with Risky Behaviour
6	25 th November	1:1 session
7	2 nd December	1:1 session
8	9 th December	Celebration – Moving Forward

The course is designed to be relaxed and informal. You will gain a range of skills and strategies which will support you in your parenting. In order to gain the most from this course it is important that you are able to commit to attending all the sessions.

This course is most beneficial to parents of young people aged between 10 & 15 years of age.

To book your place or if you have any questions please contact one of the facilitators below.

Facilitator information –

Jacqui Hewitson: 07867 593641 jhewitson@buckscc.gov.uk or

Hayley Abraham: 07867 584027 habraham@buckscc.gov.uk