



SIR THOMAS FREMANTLE SCHOOL

A CO-EDUCATIONAL SCHOOL FOR STUDENTS AGED 11-19

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29th January 2021

Dear parents and carers,

Re: GCSEPod and Wellbeing Webinars

Firstly, I would like to thank you all for your continued support in prompting students to engage with their online lessons and learning. It is a pleasure to see the quality of work that they are still able to produce during this challenging time. Equally, we are well aware that this change in circumstances has created a significant burden for all of our students. Managing screen time, staying engaged, dealing with the isolation are just some of the challenges that our students are facing at present. To try and help with this, GCSEPod (a service we subscribe to that supports GCSE revision) have the perfect webinar schedule to help motivate your students to get into the zone and bolster their self-belief even from home.

GCSEPod is a revision service that all students have a profile for. They simply head to GCSEPod and create one if they have not done so already. It contains short videos which summarise key content for their GCSE subjects and can be played back to both support learning and revision. www.gcsepod.com

GCSEPod have been collaborating with Cameron Parker, a renowned motivational speaker for schools and colleges. Through this collaboration they have put together a couple of free webinars that your child can sign up to. The purpose of them is to support students with the issues they face during this latest lockdown. Including practical tips on how to use GCSEPod that Cameron will be incorporating into his sessions.

Cameron will host two fast paced, high energy student webinars, focusing on motivation, managing stress, avoiding burnout and staying focused. The next webinar is on 23rd February at 6pm. I appreciate that this goes directly against the concept of increased screen time that we are trying to manage at school but I believe that these sessions could be really useful for your child to attend.

Students can register for the webinars via the links below:

Student Webinar – Stress to Success - GCSEPod – 23rd of February - 6pm to 7pm

https://us02web.zoom.us/webinar/register/WN_D7YDLM5EQ--jRCN0J6K47w

Student Webinar – Student Event - GCSEPod – 3rd of March – 5pm to 6pm

https://us02web.zoom.us/webinar/register/WN_tbTvNA0PS1a0FxFKCTtYvPg



Students can remain anonymous and parents can watch with them. The host, Cameron, will be focusing on making goal setting, coping strategies and building confidence, seem easily attainable.

Yours faithfully,

Mat Payne
Director of Learning Leaders

