



# **Sir Thomas Fremantle School**

## **Lunch Menu – Week 3**

**Monday:**

**Chicken goujons/veggie nuggets with diced potatoes & veg**

**Tuesday:**

**Roast pork/veggie fingers with roast potatoes, mixed veg & gravy**

**Wednesday:**

**Filled wrap/quiche & wedges with mixed salad/vegetables**

**Thursday:**

**Fish fingers/salmon burger or stuffed peppers with chips,  
vegetables & mixed salad**

**Friday:**

**Beef burgers or veggie burgers with mixed salad**

**Available daily: salad bar, jacket potatoes with a selection of  
fillings.**

**Menu choices may change at short notice owing to supply issues. Potato options may vary.**