

## Young Carers

Sir Thomas Fremantle School <office@sirthomasfremantle.org>

Thu 30/11/2023 11:35 AM

To: Sir Thomas Fremantle School <office@sirthomasfremantle.org>

Dear Parents & Carers,

Sir Thomas Fremantle School have partnered up with Young Carers Bucks to provide support and raise awareness of young carers within our school and across the community.

Did you know that 1 in 12 young people have caring responsibilities? This may be due to a relative with a learning disability, physical disability, long term illness or mental health needs.

Whilst we already know of some students who are young carers, we believe there may be more across our school who would benefit from the extra support we can provide in partnership with Young Carers Bucks.

The school are working in partnership to identify young carers, raise awareness of the impact that being a young carer can have on individuals and to support the young carers who attend STFS. This partnership involves assemblies, staff sessions and group work.

We have held an assembly with students and are looking into setting up a group specifically aimed at supporting our young carers. We will be running the group with initial support from Laura Troll at Young Carers Bucks who will facilitate the planning and development of the group. The group will continue to be run by school staff with ongoing support from Young Carers Bucks. We will meet regularly to provide a support network for the Young Carers within the school environment. We plan to meet once every half term. The group will have a relaxed informal feel and we plan to play games and other activities with the focus on fun and getting to know each other.

Other schools in Buckinghamshire that have implemented a Young Carers school group have noticed the positive effect it has had on their children both emotionally and educationally.

If you know or think your child may be a young carer then please complete the form via the link below and return to the school office. If you would like to have a chat with me to discuss things further, please reply to this email. Please note that your child does NOT need to be registered with Young Carers Bucks to attend the group.

[Please click here to register your child for the Young Carer's group.](#)

Please don't hesitate to contact me, if you have any questions or queries about the above.

Best wishes,

**Leanne Eldridge**

Pastoral Assistant

Sir Thomas Fremantle School

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